

# Training Course

**"EMPOWERED: YOUTH  
CITIZENSHIP EDUCATORS FOR  
INCLUSIVE DEMOCRACY"**

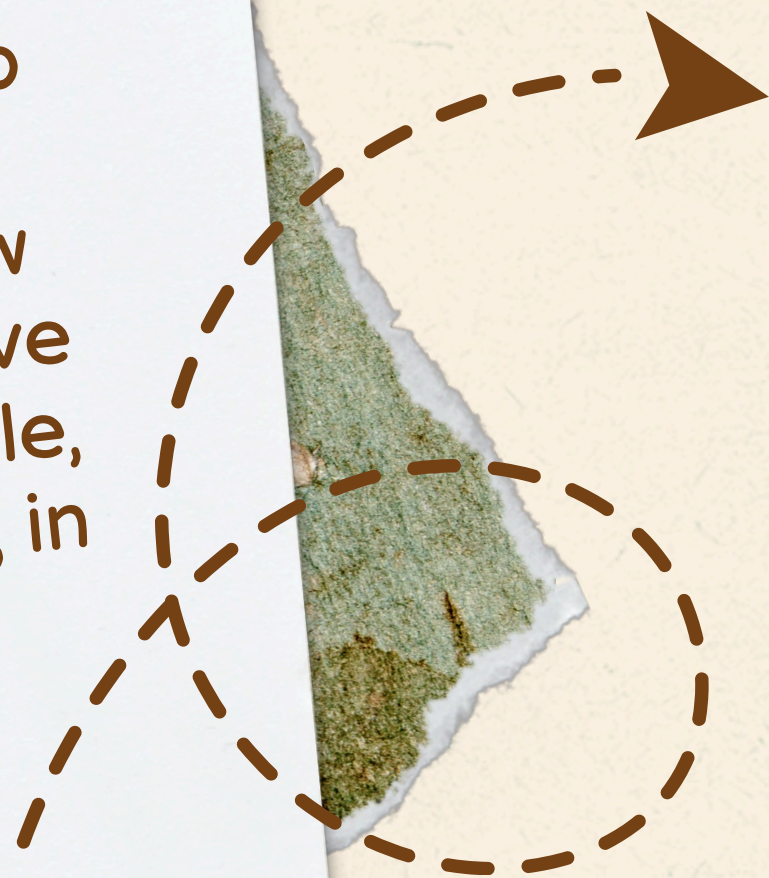
**15-22 JULY 2024,  
RECOARO TERME,  
ITALY**



# PROJECT OVERVIEW



The overall aim of the training course is to train, equip and empower youth workers and young leaders, who will work with new competences in order to encourage active participation and inclusion of young people, especially those with fewer opportunities, in the context of active citizenship and European citizenship.





# OBJECTIVES



**TO RAISE AWARENESS AND PROVIDE KNOWLEDGE ABOUT CITIZENSHIP IN GENERAL AND EUROPEAN CITIZENSHIP**

**TO EQUIP YOUTH WORKERS AND YOUNG LEADERS WITH THE NECESSARY COMPETENCES, TOOLS AND PRACTICES TO ENABLE THEM INSPIRE YOUNG PEOPLE TO TAKE ACTIVE PARTICIPATION AND BE INCLUDED IN THE POLITICAL, ECONOMIC AND SOCIAL LIFE.**

**TO EXPLORE AND ANALYSE CURRENT SITUATIONS AND DIFFERENT MODELS IN 10 EUROPEAN COUNTRIES REGARDING PARTICIPATION AND INCLUSION OF YOUNG PEOPLE, ESPECIALLY THOSE WITH FEWER OPPORTUNITIES**

**TO FOSTER THE INCORPORATION OF EUROPEAN DIMENSION IN YOUTH PROJECTS**





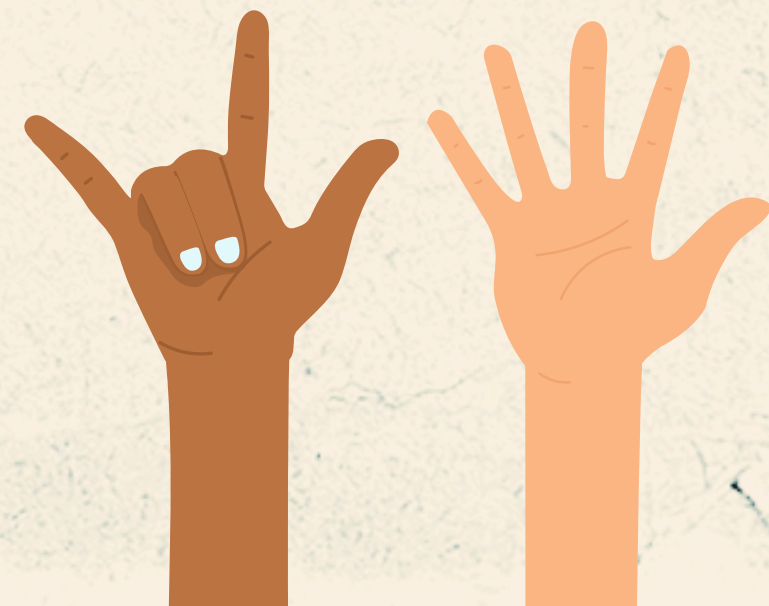
# OBJECTIVES

TO FOSTER SUSTAINABLE INTERNATIONAL COOPERATION, CAPACITY AND PARTNERSHIP BUILDING IN THE YOUTH FIELD WORKING WITH CITIZENSHIP EDUCATION, EUROPEAN CITIZENSHIP, SOCIAL INCLUSION AND ACTIVE YOUTH PARTICIPATION;

TO PROVIDE KNOWLEDGE AND INTRODUCE NON-FORMAL LEARNING METHODS FOR UNDERSTANDING THE WORK AND ROLE OF EU INSTITUTIONS AND DECISION-MAKING PROCESSES WITHIN THE UNION

TO PROMOTE ERASMUS+ PROGRAMME AS A TOOL AND PLATFORM THAT PROVIDES OPPORTUNITIES TO YOUTH ORGANISATIONS AND YOUNG PEOPLE TO TAKE ACTIVE PARTICIPATION IN DEMOCRATIC LIFE AND YOUTHPASS AS A RECOGNITION TOOL FOR NON-FORMAL AND INFORMAL LEARNING IN YOUTH WORK.

TO FOSTER MUTUAL UNDERSTANDING, SOLIDARITY, INTERCULTURAL LEARNING AND INTERCULTURAL DIALOGUE BETWEEN YOUTH WORKERS AND YOUNG PEOPLE COMING FROM DIFFERENT CULTURAL BACKGROUNDS



# WHO CAN PARTICIPATE?



Youth workers, youth leaders who directly work with groups of marginalised young people e.g. having minorities, refugees and migrants' or Roma background;



Youth workers, youth leaders, who would like to be part of an European platform and support each other's local and European youth work in order to encourage active participation of young people;



Community leaders, educators, trainers, facilitators, young leaders, social workers, intercultural mediators, youth policy makers to be put into practice in their daily work with and for young people.



Ready to take part in the whole training course;



To be able to communicate in English language.

<b>Day 1</b> <b>Arrival day</b>	<b>Day 2</b> <b>Day of exploration</b>	<b>Day 3</b> <b>Day of Citizenship</b>	<b>Day 4</b> <b>Day of social exclusion and human rights</b>
Arrival & registration of participants + fast lunch/food for coming participants	Official opening Getting to know each other Team building	Morning coffee Key words: Europe and Citizenship	Morning coffee Human rights among citizens
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Welcome Refreshments Ice breakers Warming up activities	Intro of the TC, introduction of programme, Erasmus+ and Youthpass Exploring unfair conditions in the societies Meta reflection	Citizenship and Participation Participation of young people with fewer opportunities in Youth Work – “Café de Participaté” Meta reflection	Gender equality issues Meta reflection
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Some fun activities Rules of the hotel	International evening with locals	Passion evening	NGO Party

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<p><b>Day 5</b> <b>Day of gender issues and social inclusion</b></p>	<p><b>Day 6</b> <b>Day of intercultural communication</b></p>	<p><b>Day 7</b> <b>Day of future actions</b></p>	<p><b>Departure day</b></p>
<p>Morning coffee Social inclusion of people with disabilities</p>	<p>Morning coffee Intercultural communication</p>	<p>Morning coffee Support available for initiatives focused on access of youth to citizenship education: Exploring Human Rights Education manuals, resources, videos and other tools Introducing Erasmus+ Programme and European Youth Foundation</p>	
<p><b>Lunch</b></p>	<p><b>Lunch</b></p>	<p><b>Lunch</b></p>	
<p>Cultural visits Meta reflection</p>	<p>Fighting against conformism Manipulation of media Meta reflection</p>	<p>Youthpass Final evaluation</p>	<p>Departure of participants</p>
<p><b>Dinner</b></p>	<p><b>Dinner</b></p>	<p><b>Dinner</b></p>	
<p>Treasure hunting evening</p>	<p>Karaoke evening</p>	<p>Farewell evening</p>	

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# Accommodation

The address of the accommodation is:

## **HOTEL TRETTENERO**

Via Vittorio Emanuele, 16 - 36076 Recoaro  
Terme (VI), Italia

To get more information about the accommodation you can look through the website of the hotel:

[https://www.hoteltrettenero.it/?gclid=Cj0KCQiA8aOeBhCWARIsANRFrQGxEBMXBsaofsqTXpVjsUtx59P2wLCPAU10ynjlyEmM6ov4j03o0mMaAtBhEALw\\_wcB](https://www.hoteltrettenero.it/?gclid=Cj0KCQiA8aOeBhCWARIsANRFrQGxEBMXBsaofsqTXpVjsUtx59P2wLCPAU10ynjlyEmM6ov4j03o0mMaAtBhEALw_wcB)







# How to reach Recoaro Terme

The Training Course will take place in Recoaro Terme, a town and comune in the province of Vicenza, Veneto, in the northern of Italy, that is known for his mineral spring waters. Following, you will find all the information on how to arrive in Recoaro.

# WHAT TO DO ONCE YOU ARE IN VICENZA

Once you're in Vicenza's train station, you've to take a bus to Recoaro. You have to walk out the station and go to the left and walk about 150m to reach the bus station. You can buy the ticket at the ticket's office or in the tabaccheria inside (a small shop with a lot of things!). To ask for the ticket you can try to ask it in Italian saying "Vorrei un biglietto per Recoaro per favore", or just use English, they usually get it. The bus that you are going to take is Linea 1 to Valdagno/Recoaro Terme and will leave from box 5. The bus leaves almost every half hour, and takes less than ,15 hour to arrive in Recoaro. Here you can check the timetable:

<http://www.svt.vi.it/orari-percorsi/ricerca-orari-percorsi>

You could also download this app and buy your ticket here:

<https://www.mycicero.it/downloadApp/index.html>

Or create an account in the website:

<https://www.mycicero.it/signIn/mycicero/Registrazione/RegistrazioneMyCicero>





# HOW TO ARRIVE IN RECOARO TERME

Once you are already on board, after 1hour you should be in Valdagno, that means that you are getting closer to Recoaro (15min no much more), so keep your eyes open.



Valdagno bus station



Recoaro bus station

# HOW TO ARRIVE IN RECOARO TERME

The hotel Tretenero is in Via Vittorio Emanuele 16/E - 36076 Recoaro Terme (VI) · 0445 780380, so just walk around 350m (6 minutes according to Google maps!) straight ahead and you will find a passage on





Thank  
you very  
much!

We are waiting for the participants list as soon as you  
can, fill in the following online registration form:

<https://forms.gle/d37cYAuG5tFKUcdL6>

Info: [progettazione@studioprogetto.org](mailto:progettazione@studioprogetto.org)